

Please inform your server of any allergens
as ingredients are subject to availability
Please

1: CELERY, 2: CEREALS, 3: CRUSTACEANS, 4: EGGS, 5: FISH,
6: LUPIN, 7: MILK, 8: MOLLUSCS, 9: MUSTARD, 10: PEANUTS
11: SESAME, 12: SOYBEANS, 13: SULPHOR DIOXIDE, 14: NUTS

Member price | standard price
Please order at the bar with your table number

Club classics

Monkfish coconut curry: £16.00 | £20.00 gf
monkfish fillet, lentils, fine beans, ginger, coconut milk,
coriander, pilaf rice (5)

Chicken schnitzel: £16.00 | £20.00
butterflied chicken breast, marinated in buttermilk and panko-crumbed,
garlic mayonnaise, rocket and Parmesan, skin-on fries (2, 4, 7, 9)

Fish and chips: £16.00 | £20.00
beer-battered cod, skin-on fries, buttered peas, tartare sauce
(2, 4, 5, 7, 9, 13)

Ham, egg and chips: £12.80 | £16.00 gf
thick cut ham, two free-range eggs, skin-on fries (4, 13)

All day breakfast: £12.80 | £16.00 gf
two sausages, two smoked bacon, two free-range
fried eggs, baked beans, skin-on fries (4, 13)

On the grill

6oz. Club Burger: £16.00 | £20.00
home-made beef brisket burger, tomato, lettuce, crispy
onions, mayo, toasted brioche bun, skin-on-fries (2, 4, 9, 13)

Chargrilled chicken fillet: £15.20 | £19.00
smashed avocado, chilli jam, lettuce, toasted brioche bun, skin-on fries
(2, 9, 13)

Falafel and spinach burger: £12.80 | £16.00 ve
red onion chutney, avocado, lettuce, toasted brioche bun,
skin-on fries (2, 13)

Pork and chorizo burger: £14.40 | £18.00
gherkins, sriracha mayonnaise, lettuce, toasted brioche bun,
skin-on fries (2, 4, 13)

Add ~ Switch to sweet potato fries: £0.80 | £1.00
~ Monterey Jack cheese (7): £1.60 | £2.00
~ Smoked back bacon: £2.00 | £2.50

Gluten-free bun available on request

Salads

Superfood salad: £13.20 | £16.50 v/gf
feta, sweet potato, avocado, edamame beans, quinoa, broccoli, watercress,
pomegranate, toasted almonds, balsamic and lime dressing (7, 9, 12, 13, 14)

Chicken Caesar salad: £14.40 | £18.00
chargrilled chicken breast, Parmesan, baby gem lettuce, croutons, Caesar dressing
(2, 4, 5, 7, 13)

Lemon and dill salmon, poached egg and avocado salad: £14.40 | £18.00 gf
poached salmon fillet, mixed leaves, cherry tomatoes, cucumber, lemon dressing
(4, 5, 9, 13)

Add ~ grilled chicken: £4.00 | £5.00
~ smoked back bacon: £2.00 | £2.50

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Nutritional information



Kitchen Collab Personal Trainer Collection

Teriyaki beef stir fry: £14.40 | £18.00
tender strips of beef, pak choi, red peppers,
carrot, sugar snaps, udon noodles (2, 12, 13)

gf Chicken shawarma bowl: £14.40 | £18.00
Middle Eastern spiced chicken breast, quinoa, lentils, cucumber,
carrot, tomato, pickled red onions, lemon and dill yoghurt (7, 13)

gf Protein poke bowl
brown rice, pickled ginger, edamame, broccoli, avocado,
carrot with sesame, soy and chilli dressing (11, 12, 13)
~ Lime, coriander and ginger salmon (5): £12.80 | £16.00
ve ~ Soy sesame portobello mushroom (11, 12): £11.20 | £14.00

gf Jambalaya bowl: £16.00 | £20.00
sauteed Cajun chicken, prawns and chorizo,
saffron rice, red peppers, peas (1, 3, 13)

v Charred Mediterranean vegetable linguine: £11.20 | £14.00
sun-blushed tomatoes, home-made basil pesto (2, 7, 14)

Creamy pesto chicken linguine: £14.40 | £18.00
chicken breast, home-made basil pesto, creme fraiche,
sun-blushed tomatoes, Parmesan (2, 7, 14)

gf Loaded omelette, mixed leaf salad: £10.40 | £13.00
three free-range eggs or egg whites with two fillings:
ham | bacon | spinach | tomato | mushrooms | Cheddar | feta
(4, 7, 9, 13)

Soup & small plates

Lemon and coriander king prawns: £12.00 | £15.00
chargrilled sourdough (2, 3, 7)

Crispy Gochujang chicken: £8.00 | £10.00
spring onion, sesame dipping sauce (2, 7, 11, 12, 13)

ve Sourdough bruschetta: £9.60 | £12.00
houmous, charred Mediterranean vegetables,
roasted red pepper home-made pesto (2, 11, 13, 14)

v Smashed avocado and poached eggs: £9.60 | £12.00
two free-range eggs and avocado on toasted sourdough (2, 4, 7)

v Arancini, truffle mayonnaise: £8.00 | £10.00
goat's cheese and caramelised white onion arancini balls (2, 4, 7)

v Home-made soup: £6.40 | £8.00
baked crusty roll, whipped sea salt butter (1, 2, 7)
~ vegan home-made soup also available on request

Toasties & baps

A simple toasted sandwich to eat in or take away
choose: white (2) | malted bloomer (2) | gluten free (4)

Beef brisket, mozzarella, sriracha: £8.00 | £10.00 (7)
Mozzarella, tomato, basil pesto: £5.60 | £7.00 (7, 14) v
Tuna melt: £6.80 | £8.50 (4, 5, 7, 9, 13)
Ham and cheese: £6.80 | £8.50 (7)
Cheese: £5.20 | £6.50 (7) v

Breakfast bap: £6.40 | £8.00 (2, 7)
three back bacon / two sausages /
plant based sausages (2) / two free range fried eggs (4)

Sandwiches

Choose: white (2) | malted bloomer (2) | gluten free (4)
with dressed salad leaves, sea salt crisps (all 2, 7, 9, 13)

Prawn Marie Rose: £10.40 | £13.00
rocket (3, 4, 9, 13)

Tuna mayonnaise: £8.40 | £10.50
sliced cucumber (4, 5, 9, 13)

Breaded cod goujons: £10.00 | £12.50
baby gem lettuce, tartare sauce (2, 4, 5, 9, 13)

Ham and Cheddar: £8.40 | £10.50
chutney, lettuce, tomato (7, 13)

Coronation chicken: £10.00 | £12.50
(4, 7, 9, 13)

Egg mayonnaise: £8.00 | £10.00
baby watercress (4, 7, 9)

Exeter Club: £11.60 | £14.50
triple-toasted sandwich, chargrilled chicken, streaky
bacon, tomato, lettuce, mayonnaise (4, 9, 13)

Panini

with dressed salad leaves, sea salt crisps (all 2, 7, 9, 13)

BBQ pulled pork, mozzarella, gherkins (7, 9, 13) £9.20 | £11.50
Ham and Cheddar (7) £9.20 | £11.50
Bacon, brie, red onion jam (7, 9, 13) £9.20 | £11.50
Tuna melt (4, 5, 7, 9, 13) £9.20 | £11.50
Mozzarella, chargrilled veg, pesto v (7, 14) £7.60 | £9.50

Jackets

buttered baked potato with dressed mixed salad,
cherry tomatoes, cucumber, grated carrot gf (7, 9, 13)

Ham and Cheddar (7, 9, 13) £8.80 | £11.00
Prawn Marie Rose (3, 4, 5, 7, 9, 13) £11.60 | £14.50
Tuna mayonnaise (4, 5, 7, 9, 13) £8.40 | £10.50
Bolognese, grated cheese (1, 7, 9, 12, 13) £8.80 | £11.00
Cheddar and beans (7, 9, 13) v £8.00 | £10.00
Five bean chilli (1, 12, 13) v £8.00 | £10.00
Coronation chicken (4, 7, 9, 13) £9.60 | £12.00

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Children’s

Beans on toast (2, 7): £4.00 | £5.00 v
Spaghetti bolognese (1, 2, 7, 9, 12, 13): £7.20 | £9.00
~ Add cheese: £0.80 | £1.00

Mains

£7.20 | £9.00
Choose two: chips | new potatoes | beans | peas

4oz. Beef burger, lettuce, tomato, bun (2, 7)
Crispy chicken goujons (2)
Two sausages - pork (13) / plant based v (2)
Breaded cod goujons (2, 5)
Mini battered cod (2, 4, 5, 9, 13)

Ice cream

Two scoops of ice cream with a wafer
choose ~
chocolate | strawberry | mint choc chip | vanilla (2, 4, 7, 12)
£4.00 | £5.00

Pizza

9-inch hand-stretched wood-fired pizza base
v Margherita (2, 7): £8.00 | £10.00
Pepperoni, mozzarella, tomato (2, 7): £10.00 | £12.00

Loaded fries

Triple-cooked skin-on fries with a choice
of topping - check the Specials Menu

Fries & sides

v/gf Regular skin-on fries: £4.00 | £5.00
~ with cheese (7): £4.80 | £6.00
v/gf Large skin-on fries to share: £5.60 | £7.00
~ with cheese (7): £7.20 | £9.00
v/gf Sweet potato fries: £4.80 | £6.00
v Panko-breaded onion rings (2): £4.00 | £5.00
v/gf Dressed mixed salad (9, 13): £3.20 | £4.00

Cakes, pastries
teacakes & scones

Toasted teacake, butter and jam (2, 7): £3.20 | £4.00 v
See the counter for pastries, freshly-baked scones,
round cakes, tray bakes, brownies and cookies

Sunday roast

Sundays 12pm - 3pm
Choice of roast meat, roast potatoes,
seasonal vegetables and rich gravy.
To guarantee a table, please
book Wear Park Restaurant.



Specials

See the Specials Menu
at the bar for today’s
light bites, main meals
and desserts.