

SPA RETREATS

ULTIMATE SPA RETREAT

Two x 60 min treatments, tea, coffee and biscuits, two-course lunch, a glass of fizz: £185

Choose two:
60 min Touch Facial* | Full Body Massage | Deep Tissue Massage | 60 min Face and Body

LUXURIOUS SPA RETREAT

One 60 min treatment, tea, coffee and biscuits, two-course lunch, a glass of fizz: £120

Choose one:
60 min Touch Facial* | Full Body Massage | Deep Tissue Massage | 60 min Face and Body

EXPRESS SPA RETREAT

One 30 min treatment, tea, coffee and biscuits, two-course lunch, a glass of fizz: £95

Choose one:
30 min Express Facial | 30 min Back, Neck and Shoulder Massage | Indian Head Massage

Dual treatment rooms available | Early booking recommended | *Excludes Elemis Tech Facials

FACIAL & MASSAGE PACKAGES

30 min Express Facial plus 30 min Back, Neck, Shoulder Massage: 60 min | £95

60 min Touch Facial plus 30 min Back, Neck, Shoulder Massage: 90 min | £128

60 min Full Body Massage plus 30 min Express Facial | 90 min | £117

60 min Full Body Massage plus 60 min Touch Facial: 120 min | £160

10% MEMBER DISCOUNT
APPLIES TO ALL TREATMENTS
EXCEPT SPA RETREATS

BUY TWO ELEMIS PRODUCTS
FOR A FREE 30 MINUTE
MASSAGE / EXPRESS FACIAL

24hr cancellation policy
applies for all bookings

BOOK AN APPOINTMENT

EXETERGCC.CO.UK
01392 875534



SPA



ELEMIS TECHNOLOGY FACIALS

Innovative technology with potent actives for high-performance facial treatments with proven results.

GENIUS - Sculpt, firm, illuminate - Ultrasonic, LED, Galvanic, Oxygen, Microcurrent:	75 min £109
RESURFACE - Smooth, minimise pores - Ultrasonic, LED, Galvanic:	60 min £99
LIFT & SMOOTH - Plump lines, anti-aging - Ultrasonic, Microcurrent, Oxygen:	60 min £99
BRILLIANCE - Radiance, energising - Ultrasonic, Galvanic, Oxygen:	60 min £99
LIGHT THERAPY - 7-in-1 LED light therapy mask:	30 min £69

ELEMIS TOUCH FACIALS

Hands-on facials using Elemis award-winning skincare for visibly glowing skin: 60 min | £86

RESURFACE: Purify, reduce pores, improve texture

SMOOTH: Plump, tone, brighten to renew and refine

BRILLIANCE: Anti-oxidant to revive, clear and plump

RENEWAL: Prebiotic re-balance and refresh

EXPRESS: Bespoke, rejuvenating facial: 30 min | £62

BODY TREATMENTS

HOT STONE MASSAGE: 60 min | £87

DEEP TISSUE MASSAGE: 60 min | £82

FULL BODY MASSAGE: 60 min | £79

BACK, NECK, SHOULDER MASSAGE: 30 min | £59

MICRODERMABRASION

CLASSIC - Deep cleanse, micro-crystal exfoliation, contouring eye treatment, with an intensive hydrating mask: 50 min | £69

DELUXE - Classic treatment + back exfoliation, neck & shoulder massage: 90 min | £89

Course of five:
Classic: £350 | Deluxe: £450

INDIAN HEAD MASSAGE: 30 min | £55

ELEMIS SALT SCRUB: 45 min | £66

PREGNANCY MASSAGE: 75 min | £89

PLUS FACIAL: 90 min | £120

BROWS AND LASHES

LASH LIFT INCLUDES TINT:	£58	LASH TINT:	£24
LASH LIFT, BROW TINT + TIDY:	£69	BROW TINT:	£18
LASH TINT, BROW TINT + TIDY:	£49	BROW TIDY:	£17
BROW TINT + TIDY:	£30	BROW THREADING:	£16

NAILS

FILE AND PAINT: 30 min | £28 polish / £38 gel
File, mini cuticle tidy, paint

FULL MANICURE: 45 min | £39 polish / £49 gel
File, soak, cuticle tidy, scrub, massage, paint

LUXURY MANICURE: 60 min | £55 polish / £63 gel
File, soak, cuticle tidy, scrub, massage, warming mitts, paint

PEDICURE: 50 min | £50 polish / £59 gel
File and trim, soak, cuticle tidy, skin buff, scrub, massage, paint

LUXURY PEDICURE: 65 min | £62 polish / £69 gel
File, trim, soak, cuticle tidy, buff, scrub, mask, massage, paint

GEL REMOVAL: 30 min | £19 / £9 when re-applied
Gentle removal of gel, file and tidy, hydrating massage

MEN'S NAILS ~ HANDS OR FEET: 20 min | £28
Nail trim, file, soak, cuticle tidy, hydrating massage

WAXING

FULL LEG: £38
HALF LEG: £30
BIKINI: £26
EXTENDED BIKINI: £32
BRAZILIAN: £38
HOLLYWOOD: £45
UNDERARM: £17
FORE ARM: £25
BACK OR CHEST: £39
NOSE AND EARS: £20
LIP OR CHIN: £15
LIP AND CHIN: £19
THREADING LIP AND CHIN: £16

SPRAY TAN

ST TROPEZ SPRAY TAN
Natural-looking bronzed skin:
30 min | £36