

SPA RETREATS

ULTIMATE SPA RETREAT

Two x 60 min treatments, tea, coffee and biscuits, two-course lunch, a glass of fizz: £175

Choose two:
60 min Touch Facial* | Full Body Massage |
Deep Tissue Massage | 60 min Face and Body

LUXURIOUS SPA RETREAT

One 60 min treatment, tea, coffee and biscuits, two-course lunch, a glass of fizz: £112.50

Choose one:
60 min Touch Facial* | Full Body Massage |
Deep Tissue Massage | 60 min Face and Body

EXPRESS SPA RETREAT

One 30 min treatment, tea, coffee and biscuits, two-course lunch, a glass of fizz: £90

Choose one:
30 min Express Facial | 30 min Back, Neck
and Shoulder Massage | Indian Head Massage

Dual treatment rooms available | Early booking recommended | *Excludes Elemis Tech Facials

FACIAL & MASSAGE PACKAGES

30 min Express Facial plus 30 min Back, Neck, Shoulder Massage: 60 min | £89

60 min Touch Facial plus 30 min Back, Neck, Shoulder Massage: 90 min | £120

60 min Full Body Massage plus
30 min Express Facial | 90 min | £110

60 min Full Body Massage plus
60 min Touch Facial: 120 min | £150

10% MEMBER DISCOUNT
APPLIES TO ALL TREATMENTS
EXCEPT SPA RETREATS

BUY TWO ELEMIS PRODUCTS
FOR A FREE 30 MINUTE
MASSAGE / EXPRESS FACIAL

24hr cancellation policy
applies for all bookings

BOOK AN APPOINTMENT

EXETERGCC.CO.UK
01392 875534



SPA

ELEMIS TECHNOLOGY FACIALS

Innovative technology with potent actives for high-performance facial treatments with proven results.

GENIUS - Sculpt, firm, illuminate - Ultrasonic, LED, Galvanic, Oxygen, Microcurrent: 75 min | £105

RESURFACE - Smooth, minimise pores - Ultrasonic, LED, Galvanic: 60 min | £95

LIFT & SMOOTH - Plump lines, anti-aging - Ultrasonic, Microcurrent, Oxygen: 60 min | £95

BRILLIANCE - Radiance, energising - Ultrasonic, Galvanic, Oxygen: 60 min | £95

LIGHT THERAPY - 7-in-1 light therapy mask: - LED: 30 min | £65

ELEMIS TOUCH FACIALS

Hands-on facials using Elemis award-winning skincare for visibly glowing skin: 60 min | £80

RESURFACE: Purify, reduce pores, improve texture

SMOOTH: Plump, tone, brighten to renew and refine

BRILLIANCE: Anti-oxidant to revive, clear and plump

RENEWAL: Prebiotic re-balance and refresh

EXPRESS: Bespoke, rejuvenating facial: 30 min | £56

BODY TREATMENTS

HOT STONE MASSAGE: 60 min | £85

DEEP TISSUE MASSAGE: 60 min | £80

FULL BODY MASSAGE: 60 min | £76

BACK, NECK, SHOULDER MASSAGE: 30 min | £54

MICRODERMABRASION

CLASSIC - Deep cleanse, micro-crystal exfoliation, contouring eye treatment, with an intensive hydrating mask: 50 min | £65

DELUXE - Classic treatment plus back exfoliation, neck and shoulder massage: 90 min | £85

Course of five:
Classic: £300 | Deluxe: £400

INDIAN HEAD MASSAGE: 30 min | £52

ELEMIS SALT SCRUB: 45 min | £60

PREGNANCY MASSAGE: 75 min | £85

PLUS FACIAL: 90 min | £115

BROWS AND LASHES

LASH LIFT CURL AND TINT, £54

LASH LIFT, BROW TINT + TIDY, £66

LASH TINT, BROW TINT + TIDY, £36

BROW TINT + TIDY, £27

LASH TINT, £20

BROW TINT, £16

BROW TIDY, £15

BROW THREADING, £16

NAILS

FILE AND PAINT: 30 min | £28 polish / £34 gel
File, mini cuticle tidy, paint

FULL MANICURE: 45 min | £37 polish / £45 gel
File, soak, cuticle tidy, scrub, massage, paint

LUXURY MANICURE: 60 min | £52 polish / £59 gel
File, soak, cuticle tidy, scrub, massage, warming mitts, paint

PEDICURE: 50 min | £48 polish / £55 gel
File and trim, soak, cuticle tidy, skin buff, scrub, massage, paint

LUXURY PEDICURE: 65 min | £59 polish / £66 gel
File, trim, soak, cuticle tidy, buff, scrub, mask, massage, paint

GEL REMOVAL: 30 min | £16 / £8 when re-applied
Gentle removal of gel, file and tidy, hydrating massage

MEN'S NAILS ~ HANDS OR FEET: 20 min | £25

Nail trim, file, soak, cuticle tidy, hydrating massage

WAXING

FULL LEG: £35

HALF LEG: £28

BIKINI: £22

EXTENDED BIKINI: £28

BRAZILIAN: £35

HOLLYWOOD: £40

UNDERARM: £15

FORE ARM: £20

BACK: £35

CHEST: £30

NOSE AND EARS: £16

LIP OR CHIN: £12

LIP AND CHIN: £16

THREADING LIP AND CHIN: £16

SPRAY TAN

ST TROPEZ SPRAY TAN
Natural-looking bronzed skin:
30 min | £32