

Please inform your server of any allergens as ingredients are subject to availability

1: CELERY, 2: CEREALS,
3: CRUSTACEANS, 4: EGGS,
5: FISH, 6: LUPIN, 7:MILK,
8: MOLLUSCS, 9: MUSTARD,
10: PEANUTS, 11: SESAME,
12: SOYBEANS, 13: SULPHOR
DIOXIDE, 14: NUTS

Member price | standard price Please order at the bar with your table number

Sides

Skin-on fries: large - £4.80 | £6.00 / small - £3.60 | £4.50 v/gf

Skin-on fries with cheese (7): large - £6.40 | £8.00 / small - £5.20 | £6.50 v/gf

Panko-breaded onion rings (2): £4.00 | £5.00 v

Buttered greens (7): £4.00 | £5.00 v/gf

Dressed mixed side salad (9, 13): £3.20 | £4.00 v/gf

Sweet potato falafel bites (): £6.40 | £8.00 v/gf

Protein-plates

Poke bowls

~ brown rice, mooli, avocado, pickled cucumber, edamame beans (12), broccoli

King prawns, garlic, chilli (3, 7, 13): £12.80 | £16.00 gf Teriyaki salmon (5, 13): £11.20 | £14.00 gf Smoked tofu (12, 13): £11.20 | £14.00 ve/gf

Honey harissa feta salad (7, 9, 13): £12.80 | £16.00 v carrot, beetroot, mixed leaves, cumin, ginger and garlic

Smoky barbecue chicken breast tortillas: £12.80 | £16.00 caramelised onions, red peppers, avocado, sour cream (2, 7)

Chinese style pork stir fry: £12.80 | £16.00 five spice pork loin, pak choi, red peppers, mange tout, cashews, ginger, garlic and noodles (5, 9, 12, 14)

Salads

~ Add to any salad:

grilled chicken | poached salmon (5) | marinated tofu (12): £4.00 | £5.00

bacon: £2.00 | £2.50

Panzanella salad: £11.20 | £14.00 ve mixed leaves, heritage tomatoes, black olives, shallots, red onion, croutons, basil dressing (2, 9, 13)

Poached salmon, poached egg and avocado salad: £14.40 | £18.00 mixed leaves, cherry tomatoes, cucumber, lemon dressing (4, 5, 9, 13)

Superfood salad: £12.80 | £16.00 v/gf

feta, sweet potato, avocado, edamame beans, quinoa, broccoli, watercress, pomegranate, toasted almonds, balsamic and lime dressing (7, 9, 12, 13, 14)

Cajun chicken salad: £14.40 | £18.00 mixed leaves, cherry tomatoes, croutons, cucumber yoghurt (2, 7, 9, 13)

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Small plates & starters

Sauteed King prawns, chilli, garlic, paprika: £11.20 | £14.00 lemon, parsley, chargrilled sour dough (2, 3, 7)

Home-made soup: $£6.40 \mid £8.00 \text{ v}$, gf on request baked crusty roll, whipped sea salt butter (1, 2, 7)

Feta, pea and mint bruschetta: £8.00 | £10.00 toasted pine kernels, pea shoots (2, 7, 14)

Crispy beef brisket bites: £8.00 | £10.00 smoked barbecue dipping sauce (2, 4, 9, 13)

Honey and mustard Holsworthy pork belly: £8.00 | £10.00 gf spring onions (7, 9, 13)

Club classics

All day breakfast: £12.00 | £15.00

two sausages, two bacon, two fried eggs, baked beans, skin-on fries (4, 13)

Buttermilk chicken schnitzel: £15.20 | £19.00 panko-crumbed, buttermilk marinated chicken breast, Parmesan, skin-on fries, rocket, apple slaw (2, 4, 7, 9)

Fish and chips: £15.60 | £19.50

Devon Rock beer-battered cod, skin-on fries, home-made tartare sauce, garden peas (2, 4, 5, 7, 9, 13)

Home-baked ham, egg and chips: £12.00 | £15.00 gf thick cut Devon ham, two free-range eggs, skin-on fries, (4, 13)

Chicken and bacon carbonara: £14.40 | £18.00 linguine, chestnut mushrooms, shallots, Parmesan (2, 4, 7, 13)

6oz. Club Burger: £15.60 | £19.50
beef brisket burger, tomato, lettuce, crispy
onions, mayo, toasted brioche bun, skin-on fries (2, 4, 9, 13)
~ Add Monterey Jack cheese (7): £1.60 | £2.00
~ Add bacon: £2.40 | £3.00

Southern-fried buttermilk chicken burger: £14.80 | £18.50 lettuce, apple slaw, toasted brioche bun, skin-on fries (2, 4, 7, 9, 13)

Halloumi and avocado burger: £12.80 | £16.00 v/gf chilli jam, lettuce, tomato, toasted brioche bun, skin-on fries (2, 7, 13)

6oz. West Country minute steak: £14.40 | £18.00 club grill butter, rocket, Parmesan, skin-on fries (7, 9, 13)

Burgers & Steaks

Loaded fries

Triple-cooked skin-on fries with a choice of topping - check the Specials for today's

Sandwiches

Choose: white (2) | malted bloomer (2) | gluten free (4) with dressed salad leaves, sea salt crisps (2, 7, 9, 13)

Avocado and falafel salad: £8.00 | £10.00 ve lettuce, carrot, mango chutney (9, 13)

Royal Greenland prawns: £10.00 | £12.50

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Tuna mayonnaise: £8.00 | £10.00 sliced cucumber (4, 5, 9, 13)

Breaded cod goujons: £9.60 | £12.00 baby gem lettuce, tartare sauce (2, 4, 5, 9, 13)

Ham and Cheddar: £8.00 | £10.00

apple chutney (7, 9, 13)

Roast beef: £8.00 | £10.00 horseradish, rocket (4, 7, 9, 13)

Exeter Club: £11.20 | £14.00

triple-toasted sandwich, chargrilled chicken, streaky bacon, tomato, lettuce, mayonnaise (4, 9, 13)

Toasties

A simple toasted sandwich to eat in or take away (GF on request)

Ham and cheese: £6.40 | £8.00 (2, 7) Cheese: £4.80 | £6.00 (2, 7) v

Tuna melt: £6.40 | £8.00 (2, 4, 5, 7, 9, 13)

Panini

with dressed salad leaves, sea salt crisps	(2, 7, 9, 13)
Home-cooked ham and Cheddar (2, 7, 9)	£8.80 £11.00
Bacon, brie, red onion jam (2, 7, 9, 13)	£8.80 £11.00
Mozzarella, tomato, pesto v (2, 7,14)	£7.20 £9.00
Tuna melt (2, 4, 5, 7, 9, 13)	£8.80 £11.00
Tandoori chicken, cucumber yoahurt (2, 7, 9)	£8.80 £11.00

Jackets

buttered baked potato with dressed mixed salad,	
cherry tomatoes, cucumber, grated carrot (7) gf	(7, 9, 13)

Ham and Cheddar (7, 9, 13) gf:	£8.00 £10.00
Prawn Marie Rose (3, 4, 5, 7, 9, 13):	£11.20 £14.00
Tuna mayonnaise (4, 5, 7, 9, 13) gf:	£8.00 £10.00
Bolognese, grated cheese (1, 7, 9, 12, 13	s) gf: £8.00 £10.00
Cheddar and beans (7, 9, 13) gf/v:	£7.20 £9.00
Plain (7) gf/v:	£4.00 £5.00

Cakes, pastries & scones

See the counter for pastries, freshly-baked scones, round cakes, tray bakes, brownies and shortbread.

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Children's

Cheese and tomato 9 inch pizza (2, 7): £8.00 | £10.00 v Pepperoni, mozzarella, tomato (2, 7): £10.00 | £12.00

Beans on toast (2, 7): £4.00 | £5.00 v

Mains

£6.80 | £8.50

Choose two: chips | new potatoes | beans | peas

4oz. Club Burger - with or without cheese (2, 7)

Crispy chicken goujons (2)

Two sausages - local pork (13) / plant based v (2)

Breaded cod goujons (2, 5)

Mini battered cod (2, 4, 5, 9, 13)

Spaghetti bolognese (1, 2, 7, 9, 12, 13): £6.40 | £8.00

Dessert

Warm chocolate brownie, vanilla ice cream (2, 4, 7, 12)

Two scoops of ice cream, wafer - choose:
chocolate | strawberry | mint choc chip | vanilla (2, 4, 7, 12)

£4.00 | £5.00

Light bites

Toasted teacake, butter and jam (2, 7): £3.20 | £4.00 v

Breakfast bap (2, 7): $£6.00 \mid £7.50$ three bacon | two pork (13) or plant based sausages (2)

Egg bap (2, 4, 7): £4.80 | £6.00 v two free-range eggs

Omelette, dressed mixed salad (4, 7, 9, 13): £9.60 | £12.00 v/gf three free-range eggs - or egg whites if you prefer - and a choice of two: ham, bacon, Cheddar, spinach, tomato, mushroom

Avocado and poached eggs on sour dough toast: $£8.80 \mid £11.00 \text{ v}$ two free-range poached eggs on sour dough / gluten free toast (2, 4, 7) \sim Add bacon: £2.00 | £2.50

Desserts

Warm brownie: £7.20 | £9.00 vanilla seed ice cream, chocolate sauce (2, 4, 7, 12)

Sticky toffee pudding: £7.20 | £9.00 butterscotch sauce, clotted cream (2, 4, 7, 13)

lce cream and sorbets: 1 scoop £2.00 | £2.50 / 2 scoop £4.00 | £5.00 / 3 scoop £5.60 | £7.00 (2, 4, 7, 12)

Sunday roast

Sundays 12pm - 3pm

Choice of roast meat, roast potatoes, seasonal vegetables and rich gravy.

To guarantee a table, please book Wear Park Restaurant.

Specials

See the Specials Menu at the bar for today's light bites, main meals and desserts.