# FACE AND BODY

# FACIAL + MASSAGE PACKAGE

30 min Express Facial with 30 min Back, Neck, Shoulder Massage 60 mins \$77

60 min Express Facial with 30 min Back, Neck, Shoulder Massage 90 mins \$99

60 min Full Body Massage with 30 min Express Facial 90 mins, £90

10% MEMBER DISCOUNT APPLIES TO ALL TREATMENTS **EXCEPT SPA RETREATS** 

BLIY TWO FLEMIS PRODUCTS FOR A FREE 30 MINUTE MASSAGE / EXPRESS FACIAL

BOOK AN APPOINTMENT

EXETERGCC.CO.UK 01392 875534



# ST TROPEZ SPRAY TAN

Full body and face natural-looking bronzed skin 30 mins, £28

# SPA RETREATS

#### UITIMATE SPA RETREAT

Two x 60 min treatments, tea, coffee and biscuits, two-course lunch, a glass of fizz, £155 Choose two: 60 min Facial\* | Full Body Massage | Deep Tissue Massage | 60 min Face + Body

#### LUXURIOUS SPA RETREAT

One 60 min treatment, tea, coffee and biscuits, two-course lunch, a glass of fizz, £95 Choose one: 60 min Facial\* | Full Body Massage | Deep Tissue Massage | 60 min Face + Body

#### EXPRESS SPA RETREAT

One 30 min treatment, tea, coffee and biscuits, two-course lunch, a glass of fizz, £75 Choose from: 30 min Express Facial | 30 min Back, Neck and Shoulder Massage | Indian Head Massage

Dual treatment rooms available | Early booking recommended | \*Excludes Biotec facials

#### NAILS WAXING

ILE + PAINT	Full leg, £
ile, mini cuticle tidy, paint 10 mins, £22 polish / £29 gel	Half leg, £
	Bikini, £
FULL MANICURE ile, soak, cuticle tidy, scrub, massage, paint 15 mins, £32 polish / £39 gel	Extended bikini, £
	Brazilian, £
	Hollywood, £

#### LUXURY MANICURE

File, soak, cuticle tidy, scrub, massage, warming mitts, paint 60 mins, £43 polish / £50 gel

#### FULL PEDICURE

File + cut, soak, cuticle tidy, skin buff, scrub, massage, paint 45 mins, £38 polish / £45 gel

### LUXURY PEDICURE

File + cut, soak, cuticle tidy, skin buff, scrub, mask, massage, paint 60 min, £50 polish / £57 gel

#### GEL REMOVAL

Gentle removal of gel, file and tidy, hydrating massage 30 mins, £15

# MEN'S NAILS: HANDS/FEET

Nail trim, file, soak, cuticle tidy, hydrating massage 20 mins, £22

Nail trim, file, soak, skin buff, cuticle tidy, mask, massage 45 mins. £46

Underarm, £14

Forearm, £16

Back, £30

Chest, £25

Nose + ears, £15

Lip or chin, £11

Lip + chin, £15

Threading lip + chin, £15

# FYFS

Lash lift curl and tint. £49

Lash lift, brow tint + tidy, £60 Lash tint, brow tint + tidy, £30

Brow tint + tidy, £20

Lash tint, £15

Brow tint, £13

Brow tidy, £12

Brow threading, £15

A patch test must be carried out 72 hours before your first tinting at the spa

10% member discount applies to treatments - except Spa Retreat packages





# ELEMIS FACIALS

#### PRO-GLOW GENIUS FACIAL +

75 mins, £90

ELEMIS BIOTEC 2.0 - Ultrasonic, Microcurrent, Galvanic, Light Therapy, Oxygen Infusion

Featuring ELEMIS ULTRA SMART Pro-Collagen formulas, this ultimate high performance facial sculpts, smoothes, firms and illuminates the skin. All 5 BIOTEC upgrades are harnessed for maximum, multi-faceted rejuvenation after just one treatment.

### PRO-GLOW RESURFACE FACIAL +

60 mins, £82

ELEMIS BIOTEC 2.0 - Ultrasonic, LED Light Therapy, Galvanic

Transform the skin's texture whilst minimising the look of uneven tone, pigmentation, enlarged pores and congestion for a renewed, smooth complexion, looking balanced with improved clarity

### PRO-GLOW CRYO2 SCULPT FACIAL +

60 mins, £82

ELEMIS BIOTEC 2.0 - Ultrasonic, CryO2, LED Light Therapy 7-in-1 Mask

Harnessing the power of sub-zero Cryotherapy to firm and depuff, this advanced sculpting facial helps to define contours, tone and rejuvenate the skin, revealing a visibly lifted appearance

#### PRO-GLOW RENEWAL FACIAL +

60 mins, £82

ELEMIS BIOTEC 2.0 - Ultrasonic Resurfacing

ELEMIS' signature deep cleansing Skin Wellness facial delivers 27,000 vibrations\* per second to draw out impurities, improve texture and boost renewal, unveiling a healthy, lit-from-within glow. In one treatment, skin looks visibly refreshed, renewed and radiant.

#### PRO-GLOW SMOOTH FACIAL +

60 mins, £82

ELEMIS BIOTEC 2.0 - Ultrasonic, Microcurrent, Oxygen Infusion

This powerful anti-ageing facial utilises microcurrent pluses to help strengthen muscle memory whilst visibly smoothing the look of fine lines and wrinkles. An Oxygen Infusion helps to plump out lines, restore elasticity and increase hydration, for a visibly youthful appearance

### PRO-GLOW BRILLIANCE FACIAL +

60 mins, £82

ELEMIS BIOTEC 2.0 - Ultrasonic, Galvanic, Oxygen Infusion

Awaken dull, lacklustre complexions with this radiance-boosting facial. A combination of Galvanic current, Oxygen Infusion and high potency actives energises the skin.

### **RESURFACE - HANDS-ON FACIAL**

60 mins, £72

Hands-on facial for stunningly smooth skin

Purify and brighten the skin. With a spotlight on enlarged pores, blemishes and blackheads, this unique facial powered by patented ELEMIS Tri-Enzyme skincare, will transform the texture of the skin.

### SMOOTH - HANDS-ON FACIAL

60 mins, £72

Hands-on facial for a HIIT workout for your skin to rejuvenate and refresh.

Powerful resurfacing ingredients to smooth, renew and refine the skin, with deep hydration to moisture, plump, tone and tighten.

# BRILLIANÇE - HANDS-ON FACIAL

60 mins, £72

lands-on facial for radiance

Turn up the brightness with the ELEMIS' triple cleanse, melting away make-up, daily pollutants and grime. A fusion of ELEMIS Superfoods and antioxidant-rich facial oils plump the skin.

#### **RENEWAL - HANDS-ON FACIAL**

60 mins, £72

Hands-on facial for gorgeous glowing skin

ELEMIS' signature deep cleansing facial using ELEMIS prebiotics and antioxidants with stimulating massage to deliver a re-balanced, refreshed, healthy-looking, lit-from-within glow.

# **EXPRESS - HANDS-ON FACIAL**

30 mins, £49

Wear Park Spa signature hands-on facial

A bespoke facial for your skin concerns, using ELEMIS skincare to invigorate and rejuvenate your skin, with lymphatic massage to stimulate facial muscles to tone and define.

# CRYSTAL CLEAR MICRODERMABRASION

Corundum crystals blast the skin's surface, gently removing dead skin cells for fresh, smooth, glowing skin reduces fine lines, acne, discolouration and pigmentation, brightening dull looking skin.

Retinol must not be used within 4 days. Not suitable during pregnancy.

CLASSIC Deep cleanse, micro-crystal exfoliation, eye treatment, hydrating mask

45 mins, £60 Course of 5, £270

DELUXE Deep cleanse, micro-crystal exfoliation on face and back, eye treatment, neck and shoulder massage, hydrating mask

75 mins, £85 Course of 5, £385

# ELEMIS BODY TREATMENTS

# FREESTYLE DEEP TISSUE MASSAGE

Select an ELEMIS aromatic oil for muscle pain, stress relief, relaxation or balance. The flowing massage works deep into tension, promoting optimum circulation. 60 mins. £66

# FULL BODY MASSAGE

A soothing massage to ease aches and pains for calm and well-being.
60 mins, £66

# PEACEFUL PREGNANCY MASSAGE

An intuitive, restorative and relaxing massage for mothers-to-be. Hydrating ELEMIS oil for expanding skin with calming aromatics for optimum wellness. 75 mins, £75 | 90 mins inc facial, £99

# INTENSELY CLEANSING SALT SCRUB

Fragranced ELEMIS salt gently sloughs away dead skin cells, encouraging skin regeneration and smooth, deeply nourished skin that glows from within. Perfect prep for a spray tan.
45 mins, £55

# HOT STONE MASSAGE

Heated Balinese stones massage to release tension, while intensely moisturising ELEMIS Frangipani Monoi Oil hydrates the skin.
60 mins, £76

# BACK, NECK + SHOULDER MASSAGE

A relaxing massage to release tension focusing entirely on the neck, shoulders and back.

30 mins, £48

# WEAR PARK INDIAN HEAD MASSAGE

An Ayurvedic massage to release tension in the scalp, neck and shoulders. 30 mins, £45

## NECTAR NOURISHING BODY WRAP

ELEMIS Monoi oil is massaged into the skin before cocooning the body within a warm wrap for next-level hydration.

60 mins, £70