

MAINS

WILD MUSHROOM, SPINACH AND TRUFFLE LINGUINE: £9.60 | £12.00 ve
garlic focaccia bread (ve bread on request)

LIME, CHILLI AND GINGER GLAZED SALMON: £10.36 | £12.95 v
pak choi, spring onions, rice noodles

BEEF AND RED WINE STEW: £9.60 | £12.00
thyme dumplings, roasted root vegetables

SWEET POTATO, BUTTERNUT SQUASH, CHICKPEA, SPINACH CURRY: £8.76 | £10.95 ve
ADD CHICKEN: £1.60 | £2.00
coconut rice, naan bread, mango chutney (ve naan on request)

SLOW-COOKED SPAGHETTI BOLOGNESE: £8.76 | £10.95
parmesan, garlic focaccia bread

PLANT-BASED BURGER AND FRIES: £7.96 | £9.95 ve
toasted vegan brioche roll, gem lettuce, beef tomato, red onion relish

QUARTER-POUND BEEF BURGER AND FRIES: £9.56 | £11.95
ADD CHEESE: £0.80 | £1.00 / ADD BACON: £0.80 | £1.00 / ADD BURGER: £2.00 | £2.50
toasted brioche bun, gem lettuce, beef tomato, mayonnaise

THREE EGG OMELETTE: £7.16 | £8.95 v
CHOOSE TWO: MUSHROOMS | CHEESE | HAM | TOMATO | SPINACH
gem lettuce, tomato

BEER-BATTERED COD AND CHIPS: £9.56 | £11.95 gf on request
SMALL PLATE: £6.36 | £7.95
peas, tartare sauce

PEPPERED MACKEREL SALAD: £7.96 | £9.95 gf
mixed leaves, roasted cherry tomatoes, cucumber, horseradish sour cream

SPICED CAULIFLOWER, KALE AND BUTTERNUT FALAFEL BOWL: £7.96 | £9.95 v
ADD CHICKEN: £1.60 | £2.00
cauliflower cous cous, pickled red onion, ancient grains, spring onions, mint yoghurt

SUPERFOOD SALAD: £7.96 | £9.95 ve | gf
ADD CHICKEN: £1.60 | £2.00
butternut squash, avocado, pomegranate, quinoa, kale, chia, pine nuts, lemon dressing

SMALL | SIDES

SOUP AND BREAD ROLL: £5.20 | £6.50 v/gf

BREAKFAST BAP: £4.40 | £5.50
two eggs | three bacon | two sausages

CHIPS: £2.00 | £2.50 ve/gf
WITH CHEESE: £2.80 | £3.50 v/gf

LARGE CHIPS: £2.40 | £3.00 ve/gf
WITH CHEESE: £3.20 | £4.00 v/gf

SWEET POTATO FRIES: £2.40 | £3.00 ve/gf

GARLIC FOCACCIA: £1.60 | £2.00 v

ON TOAST: £3.80 | £4.75 v/gf
CHOOSE: WHITE | MALTED WHEAT | GF | SOUR DOUGH
two eggs | baked beans

TWO SLICES OF TOAST: £1.80 | £2.25 v/gf
CHOOSE: WHITE | MALTED WHEAT | GF | SOUR DOUGH
butter and jam

TOASTED TEACAKE: £2.20 | £2.75 v
butter and jam

JACKETS

~ butter, mixed leaves

PLAIN JACKET: £3.60 | £4.50 v/gf

CHEESE, BEANS: £6.40 | £8.00 v/gf

TUNA MAYONNAISE: £6.80 | £8.50 gf

PRAWN MARIE ROSE: £7.20 | £9.00 gf

EXTRA TOPPING: £0.80 | £1.00

MEMBER PRICE | STANDARD PRICE | ORDER VIA TABLE SERVICE

SANDWICHES

CHOOSE: WHITE BLOOMER | MALTED WHEAT | GF
~ sea salt crisps, mixed leaves

FISH FINGER: £6.40 | £8.00
gem lettuce, tartare sauce

ROAST BEEF: £6.40 | £8.00
rocket leaves, horseradish cream

PRAWN MARIE ROSE: £7.20 | 9.00
gem lettuce, tomato

TOASTED CLUB: £7.20 | £9.00
double-layer: BLT, roast chicken mayonnaise

TUNA MAYONNAISE: £6.00 | £7.50
cucumber

v EGG MAYONNAISE: £6.00 | £7.50
mustard cress

DEVON HAM AND CHEDDAR: £6.40 | £8.00

PANINI + WRAPS

~ sea salt crisps, mixed leaves

DEVON HAM AND CHEDDAR PANINI: £6.80 | £8.50

v RED PEPPER PESTO, TOMATO, MOZZARELLA PANINI: £6.00 | £7.50

BACON, BRIE, RED ONION JAM PANINI: £6.80 | £8.50

HOISIN GLAZED CHICKEN WRAP: £6.80 | £8.50
cucumber, spring onion

v FALAFEL AND MANGO WRAP: £6.00 | £7.50
carrot slaw, spinach, mango chutney

BREAKFAST

AVAILABLE 8AM - 12PM

CHOOSE TOAST: WHITE | MALTED WHEAT | GLUTEN FREE | SOUR DOUGH
CHOOSE EGGS: POACHED | FRIED | SCRAMBLED

FULL ENGLISH: £7.60 | £9.50
two eggs, sausage, two bacon, grilled tomato,
hash brown, mushrooms, baked beans

v VEGETARIAN: £7.20 | £9.00
two eggs, two vegetarian Cumberland sausages,
grilled tomato, hash brown, mushrooms, baked beans

gf GLUTEN FREE: £7.20 | £9.00
two eggs, two bacon, wilted spinach, grilled tomato,
hash brown, mushrooms, baked beans

ve VEGAN: £7.20 | £9.00
two vegetarian Cumberland sausages, grilled tomato,
hash brown, wilted spinach mushrooms, baked beans

gf SMOKED SALMON, SCRAMBLED EGGS: £7.20 | £9.00
on two slices of toast

v PORRIDGE BOWL: £4.00 | £5.00
CHOOSE MILK: SEMI-SKIMMED | SOYA | OAT | COCONUT
blueberries, banana, toasted hazelnuts

v PANCAKE STACK: £5.20 | £6.50
three American-style buttermilk pancakes,
blueberry compote, banana, natural yoghurt

EXTRAS

TO ADD TO A BREAKFAST:

1/2 AVOCADO | 2 BACON | PORK SAUSAGE | SMOKED SALMON: £1.60 | £2.00
HASH BROWN | TOMATO | BAKED BEANS | EGG | MUSHROOMS: £0.80 | £1.00

PLEASE ASK YOUR SERVER FOR ALLERGEN INFO

CHILDREN

SPAGHETTI BOLOGNESE: £5.16 | £6.45
garlic focaccia

TOMATO LINGUINE: £5.16 | £6.45 ve
garlic focaccia (ve bread on request)

FISH AND CHIPS: £6.36 | £7.95
peas, tartare sauce (gf on request)

1/2 JACKET POTATO: £5.16 | £6.45 v/gf
cheese and beans | tuna mayonnaise

MINI MAINS: £5.16 | £6.45

choose two sides: chips / sweet potato fries with beans / peas

BREADED CHICKEN BREAST FILLETS

THREE COD FISH FINGERS

TWO PORK SAUSAGES

BEEF BURGER, BUN, LETTUCE, TOMATO

SANDWICH: £3.80 | £4.75
one slice bread, filling, cucumber sticks
ham | cheese | tuna mayo | egg mayo

ON TOAST: £3.43 | £3.50
poached/fried/scrambled egg | beans

BREAKFAST BAP: £3.19 | £3.25
one bacon | one sausage | one egg | beans

BREAKFAST

AVAILABLE 8AM - 12PM

LITTLE ENGLISH: £4.00 | £5.00
one bacon, pork sausage, egg, baked beans

v VEGETARIAN BREAKFAST: £4.00 | £5.00
vegetarian sausage, egg, baked beans, hash brown



SMOOTHIES, SHAKES + SWEET TREATS

SMOOTHIE: £3.85

MILKSHAKE: £3.30

TO TAKEAWAY BRING A REUSABLE CUP OR A SURCHARGE OF 25P APPLIES FOR A DISPOSABLE CUP

ICE CREAM TUB: £2.55

JUDES ICE CREAM: £2.55 ve

CALIPPO: £1.95 ve

HOME-MADE BROWNIE | BLONDIE: £2.75

FLAPJACK: £2.80 gf

CAKE: £2.80 gf

CRISPS | CHOCOLATE BARS: FROM £1.00

HOT DRINKS

FOR TAKEAWAY: PLEASE BRING A REUSABLE CUP OR PURCHASE ONE FOR £5, WHICH INCLUDES YOUR FIRST COFFEE/TEA. 25P SURCHARGE APPLIES FOR DISPOSABLE CUPS.

CHOOSE MILK: SEMI-SKIMMED | OAT | SOYA | COCONUT

	REGULAR	LARGE
AMERICANO	£1.92 £2.40	£2.28 £2.85
LATTE	£2.08 £2.60	£2.36 £2.95
CAPPUCCINO	£2.08 £2.60	£2.36 £2.95
ESPRESSO	£1.68 £2.10	£2.04 £2.55
MOCHA	£2.16 £2.70	£2.44 £3.05
FLAT WHITE	-	£2.36 £2.95
FILTER CUP	£1.36 £1.70	£1.64 £2.05
FILTER MUG	£1.44 £1.80	£1.72 £2.15
HOT CHOCOLATE	£2.08 £2.60	£2.36 £2.95
ADD SYRUP	£0.44 £0.55	-
	MUG	POT FOR ONE
TEA EARL GREY	£1.60 £2.00	£1.72 £2.15
HERBAL TEA	£1.68 £2.10	£1.80 £2.25

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MEMBERS BAR MENU

EXETER
GOLF AND
COUNTRY
CLUB