

SWIMMING TIMETABLE

INDOOR POOL

SWIM LESSONS TAKE PLACE MON-FRI 3.30-7.30PM, TUES 9AM-12.30PM, SAT-SUN 9AM-2.30PM

MONDAY

07.00 - 09.00	ADULTS SESSION
09.00 - 11.45	OPEN SESSION
11.45 - 12.30	POOL CLOSED - AQUA AEROBICS
12.30 - 14.00	ADULTS SESSION
14.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

WEDNESDAY

07.00 - 09.00	ADULTS SESSION
09.00 - 12.00	OPEN SESSION
12.00 - 14.00	ADULTS SESSION
14.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

FRIDAY

07.00 - 09.00	ADULTS SESSION
09.00 - 12.00	OPEN SESSION
12.00 - 14.00	ADULTS SESSION
14.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

TUESDAY

07.00 - 09.00	ADULTS SESSION
09.00 - 12.00	OPEN SESSION
12.00 - 14.00	ADULTS SESSION
14.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

THURSDAY

07.00 - 09.00	ADULTS SESSION
09.00 - 12.00	OPEN SESSION
12.00 - 14.00	ADULTS SESSION
14.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

SAT - SUN

07.00 - 09.00	ADULTS SESSION
09.00 - 19.00	OPEN SESSION
14.30 - 16.30	FUN SESSION
19.00 - 20.00	ADULTS SESSION

OUTDOOR POOL

ADULT SESSIONS ARE LANES OF 6

MONDAY

07.00 - 10.00	ADULTS SESSION
10.00 - 15.00	OPEN LANE SESSION
15.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

WEDNESDAY

07.00 - 10.00	ADULTS SESSION
10.00 - 15.00	OPEN LANE SESSION
15.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

FRIDAY

07.00 - 10.00	ADULTS SESSION
10.00 - 15.00	OPEN LANE SESSION
15.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

TUESDAY

07.00 - 10.00	ADULTS SESSION
10.00 - 15.00	OPEN LANE SESSION
15.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

THURSDAY

07.00 - 10.00	ADULTS SESSION
10.00 - 15.00	OPEN LANE SESSION
15.00 - 19.30	OPEN SESSION
19.30 - 21.30	ADULTS SESSION

SAT - SUN

07.00 - 09.00	ADULTS SESSION
09.00 - 11.00	OPEN LANE SESSION
11.00 - 19.00	OPEN SESSION
19.00 - 20.00	ADULTS SESSION

TERM TIME | NO BOOKING REQUIRED