

ELEMIS MASSAGE

Elemis aromatic oils with deeply effective massage techniques.

BACK, NECK + SHOULDER MASSAGE

A relaxing massage to release tension focusing entirely on the neck, shoulders and back.

30 mins, £44

FULL BODY MASSAGE

A soothing massage to ease aches and pains for calm and well-being.

60 mins, £60

DEEP TISSUE MASSAGE

A invigorating massage to release toxins and work deep into tension and increase circulation. As effective as an hour's stretching, but more relaxing.

60 mins, £65 | 30 mins, £50

HOT STONE MASSAGE

Heated Balinese stones massage to release tension while intensely moisturising Frangipani Monoi Body Oil hydrates the skin, leaving you glowing.

60 mins, £70

WEAR PARK INDIAN HEAD MASSAGE

An Ayurvedic massage to release tension in the scalp, neck and shoulders.

30 mins, £42

ELEMIS BODY TREATMENTS

NECTAR NOURISHING BODY WRAP

Elemis Monoi oil is massaged into the skin before cocooning the body within a warm wrap for next-level hydration. Includes a mini facial and scalp massage.

60 mins, £65

INTENSELY CLEANSING SALT SCRUB

Elemis salt scrub massaged onto the skin to slough away dead skin cells, release toxins and encourage new skin cells, for the smoothest skin imaginable.

45 mins, £50

FACE + BODY PACKAGES

WEAR PARK TOUCH FACIAL + MASSAGE

30 min Touch facial with 30 min back, neck, shoulder massage

60 mins (30 min facial, 30 min massage), £70

90 mins (60 min facial, 30 min massage), £95

ELEMIS PRO GLOW FACIAL + MASSAGE

30 min Pro Glow Biotec facial with 30 min back, neck, shoulder massage

60 mins, £85

FULL BODY MASSAGE + WEAR PARK TOUCH FACIAL

60 min massage with 30 min Touch facial

90 mins, £87

MUM-TO-BE TREATMENTS

PREGNANCY MASSAGE

A specially created Elemis pregnancy massage to soothe, relax and hydrate

with facial: 90 mins, £92 | without facial: £75 mins, £72

SPA RETREATS

Spa Retreats include: two-course lunch, glass of Prosecco, tea or coffee and biscuits.

Dual rooms available to share the experience with a friend or loved one.

ULTIMATE: choose two one-hour treatments

Choose from: Touch Facial | Full Body Massages | Deep Tissue Massage | 60 min Face + Body

£130

LUXURIOUS: choose one one-hour treatment

Choose from: Touch Facial | Full Body Massages | Deep Tissue Massage | 60 min Face + Body

£90

EXPRESS: choose one 30 min treatment

30 min Touch Facial | 30 min Massage | Indian Head Massage

£65

10% MEMBER DISCOUNT
APPLIES TO ALL TREATMENTS
EXCEPT SPA RETREATS

BUY TWO ELEMIS PRODUCTS
FOR A FREE 30 MIN
MASSAGE OR TOUCH FACIAL

BOOK AN APPOINTMENT
EXETERGCC.CO.UK
01392 875534



ELEMIS PRO GLOW - BIOTEC FACIALS

Results-driven facials using a combination of innovative Biotec technology to target skin concerns including microcurrent, LED light therapy, oxygen infusion, galvanic infusion and ultrasonic resurfacing.

RENEWAL Ultrasonic resurfacing

Elemis' signature deep cleansing skin wellness facial harnesses the goodness of prebiotics and antioxidants to deliver a healthy-looking, lit-from-within glow. Skin looks visibly refreshed and rebalanced.

60 mins, £76 | 30 mins, £47

SMOOTH Ultrasonic resurfacing, microcurrent, oxygen infusion

Ultrasonic peeling exfoliates dead skin cells to smooth the skin for line-fighting microcurrent technology, targeting lines and wrinkles for radiant, youthful looking skin.

60 mins, £76 | 30 mins, £47

BRILLIANCE Ultrasonic resurfacing, galvanic infusion, oxygen infusion

Ultrasonic peel technology and brightening enzymes to deep clean for healthy skin. Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a super-charged air massage to enliven the skin.

60 mins, £76 | 30 mins, £47

GENIUS Ultrasonic resurfacing, microcurrent, oxygen infusion, LED light therapy

Harnessing the powerful benefits of all of the Elemis Biotec technologies, skin will be visibly smoother, more sculpted, and firmer targeting deep-set wrinkles for facial rejuvenation and hydration. An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance.

60 mins, £80 | 30 mins, £50

WEAR PARK ELEMIS TOUCH FACIALS

Tailored hands-on Elemis facials with massage to tone, repair, balance and invigorate the skin

ANTI-AGEING	Lymphatic drainage massage using Elemis Pro Collagen
RADIANCE	Elemis Superfood to detoxify, nourish and energise the skin
CALMING	Deep cleansing, detoxifying and balancing for clear, bright skin
REJUVENATING	Enzyme resurfacing and exfoliation for younger looking skin
CONTOURING	Toning massage, botanical stem cell treatment to plump the skin

RADIANCE, CALMING, REJUVENATING, CONTOURING: 60 mins, £70 | 30 mins, £43
ANTI-AGEING: 60 mins, £72 | 30 mins, £45

CRYSTAL CLEAR MICRODERMABRASION

Corundum crystals are blasted at the skin's surface to gently lift off dead skin cells to reveal revitalised, smooth and glowing skin. An effective treatment to tackle fine lines, acne, discolouration, pigmentation and dull looking skin. Treatment is completed with an intense hydration mask that locks in moisture and provides an invisible second skin effect.

PLEASE NOTE: Retinol must not be used within 4 days of treatment. Not suitable during pregnancy.

CLASSIC

Deep cleanse, micro-crystal exfoliation, contouring eye treatment, hydrating mask

45 mins, £55 | Course of 5, £250 | Course of 10, £495

DELUXE

Deep cleanse, micro-crystal exfoliation on the face and back, contouring eye treatment, neck and shoulder massage, hydrating mask

75 mins, £80 | Course of 5, £370 | Course of 10, £720

SPRAY TAN

St Tropez Spray Tan: Natural bronze | Dark bronze

30 mins, £25

NAILS

FILE + PAINT

File, mini cuticle tidy, paint

30 mins, £22 polish / £26 gel

FULL MANICURE

File, soak, cuticle tidy, scrub, massage, paint

45 mins, £32 polish / £36 gel

LUXURY MANICURE

File, soak, cuticle tidy, scrub, massage, warming mitts, paint

60 mins, £38 polish / £42 gel

FULL PEDICURE

File + cut, soak, cuticle tidy, skin buff, scrub, massage, paint

45 mins, £32 polish / £36 gel

LUXURY PEDICURE

File + cut, soak, cuticle tidy, skin buff, scrub, mask, massage, paint

60 min, £38 polish / £42 gel

GEL REMOVAL

Gentle removal of gel, file and tidy, hydrating massage

30 mins, £12

MEN'S NAILS: HANDS/FEET

Nail trim, file, soak, cuticle tidy, hydrating massage

20 mins, £20

Nail trim, file, soak, skin buff, cuticle tidy, mask, massage

45 mins, £37

WAXING

Full leg, £30

Three-quarter leg, £26

Half leg, £24

Bikini, £16

Extended bikini, £22

Brazilian, £30

Hollywood, £32

Underarm, £12

Forearm, £16

Back, £25

Chest, £20

Nose + ears, £15

Lip or chin, £9

Lip + chin, £15

Threading lip + chin, £10

EYES

Lash lift curl and tint, £46

Lash lift, brow tint + tidy, £60

Lash tint, brow tint + tidy, £28

Brow tint + tidy, £18

Lash tint, £10

Brow tidy, £10

Brow threading, £10

A patch test must be carried out 72 hours before your first tinting at the spa.

10% member discount applies