

# MEMBERS' BARS MENU



## SANDWICHES

WITH SALAD GARNISH, SEA SALT CRISPS

BREAD | BAGUETTE: choose white | malted wheat | gluten free bread

PRAWN MARIE ROSE: £6.80 | £8.50

gem lettuce, tomato

HAM AND CHEESE PLOUGHMANS: £6.80 | £8.50

fruit chutney, lettuce, tomato, gherkin

CLUB SANDWICH: £6.80 | £8.50

bacon, roast chicken, tomato, lettuce, mayonnaise

\*available on bread only

EGG AND CRESS: £5.60 | £7.00 <sup>v/gf</sup>

in mayonnaise

AVOCADO: £6.00 | £7.50 <sup>v/gf</sup>

tomato, carrot slaw and rocket leaves

TUNA MAYONNAISE: £6.00 | £7.50

with cucumber

## PANINI

WITH SALAD GARNISH, SEA SALT CRISPS

ROAST CHICKEN, PESTO, MOZZARELLA : £6.40 | £8.00

BACON, BRIE, RED ONION JAM: £6.40 | £8.00

GAMMON HAM, CHEDDAR CHEESE: £6.40 | £8.00

SUN-DRIED TOMATO, PESTO, MOZZARELLA: £5.60 | £7.00 <sup>v</sup>

Prices: Member Price | Standard Price

## BREAKFAST

AVAILABLE 8AM - 12PM

TOAST: choose white | malted wheat | sour dough | gluten free

EGGS: choose poached | fried | scrambled

FULL ENGLISH: £6.80 | £8.50

two eggs, pork sausage, two bacon, grilled tomato, hash brown, button mushrooms, baked beans, toast and butter

<sup>v</sup> VEGETARIAN: £6.40 | £8.00

two eggs, two vegetarian Cumberland sausages, grilled tomato, hash brown, button mushrooms, baked beans, toast and butter

<sup>ve</sup> VEGAN: £6.40 | £8.00

two vegetarian Cumberland sausages, wilted spinach, grilled tomato, hash brown, button mushrooms, baked beans, toast

<sup>gf</sup> GLUTEN FREE: £6.40 | £8.00

two eggs, two bacon, wilted spinach, grilled tomato, hash brown, button mushrooms, baked beans, GF toast and butter

EXTRAS - AVAILABLE WITH A BREAKFAST

1/2 avocado | 2 bacon | pork sausage | smoked salmon: £1.60 | £2.00

hash brown | tomato | baked beans | egg | mushrooms: £0.80 | £1.00

<sup>v/gf</sup> PANCAKE STACK: £4.40 | £5.50

three American-style buttermilk pancakes, blueberry compote, banana, natural yoghurt

<sup>v/gf</sup> PORRIDGE: £4.40 | £5.00

blueberries, banana, toasted hazelnuts

choose: semi-skimmed | soya milk

## LIGHT BITES + SIDES

AVAILABLE ALL DAY

TOAST: choose white | malted wheat | sour dough | gluten free

BREAKFAST BAP: £4.00 | £5.00

two eggs | three rashers of bacon | two pork sausages

<sup>v/gf</sup> ON TOAST: £3.60 | £4.50

two eggs | baked beans

<sup>v</sup> TOASTED TEACAKE: £2.00 | £2.50

butter and a choice of preserves

<sup>v/gf</sup> TOAST: £1.80 | £2.00

two slices, butter and a choice of preserves

<sup>ve/gf</sup> CHIPS: £2.00 | £2.50

<sup>ve/gf</sup> LARGE CHIPS: £2.40 | £3.00

<sup>ve/gf</sup> SWEET POTATO FRIES: £2.40 | £3.00

<sup>v/gf</sup> ADD CHEESE: £0.80 | £1.00

<sup>v</sup> GARLIC BREAD: £1.80 | £2.00

## MAINS

**GREEN GARDEN LINGUINE: £7.96 | £9.95** v  
ricotta, broad beans, tenderstem broccoli, peas, lemon,  
fresh mint, Parmesan and garlic bread

**6OZ MINUTE STEAK: £9.60 | £12.00** gf  
chips, rocket, Parmesan salad, steak butter made with  
mustard, herbs, red wine and shallots

**ROASTED SALMON FILLET: £7.76 | £9.95** gf  
buttered new potatoes, tenderstem broccoli,  
tomato, caper and spring onion salsa

**THREE EGG OMELETTE, SIDE SALAD: £6.40 | £8.00** v/gf  
choose two: ham | mushroom | cheese | tomatoes | spinach  
extra filling: £1.20 | £1.50

**QUARTER POUNDER BEEF BURGER: £7.16 | £8.95**  
toasted brioche bun, gem lettuce, tomato, chips  
add cheese | bacon: £0.80 | £1.00 each

**SPICY MISO MUSHROOM BURGER: £6.80 | £8.50** ve  
toasted brioche bun, avocado, carrot slaw, gem lettuce, chips

**FISH AND CHIPS: £8.76 | £10.95** gf on request

**SMALL FISH AND CHIPS: £ 4.76 | £5.95** gf on request  
beer-battered cod fillet, peas, home-made tartare sauce

**SPAGHETTI BOLOGNESE: £7.96 | £9.95**  
slow-cooked with Parmesan and garlic bread

## SALADS

v **GREEK SALAD: £6.80 | £8.50**  
marinated feta, red onion, red pepper, capers,  
tomato, cucumber, olives, oregano, olive oil

v **SUPER FOOD SALAD: £6.80 | £8.50**  
feta, quinoa, broccoli, sweet potato, spinach, avocado,  
pomegranate, toasted pine nuts, balsamic and lime dressing

**PANZANELLA SALAD: £7.96 | £9.95**  
roast chicken, anchovies, capers, tomatoes, basil,  
red peppers, red onion, sour dough bread

**POACHED SALMON SALAD: £8.40 | £10.50**  
avocado, soft-boiled egg, sun-blushed tomatoes, gem  
lettuce, cucumber, lemon and dill dressing

## JACKETS

WITH BUTTER AND SIDE SALAD

v/gf **PLAIN JACKET POTATO: £3.60 | £4.50**

v/gf **CHEESE AND BEANS: £6.40 | £8.00**

gf **TUNA MAYONNAISE: £6.80 | £8.50**

gf **PRAWN MARIE ROSE: £7.20 | £9.00**

add extra topping: £0.80 | £1.20

ORDER ON THE MEMBER APP OR VIA A TABLE HOST  
NO ACCESS TO THE BAR | FACE MASKS MUST BE WORN WHEN STANDING

## BREAKFAST

AVAILABLE 8AM - 12PM

**Little English: £3.60 | £4.50**  
one bacon rasher, pork sausage, one egg, baked beans

**Vegetarian: £3.60 | £4.50** v  
vegetarian sausage, one egg, baked beans, hash brown

## LUNCH | DINNER

**Spaghetti bolognese: £4.76 | £5.95**  
with garlic bread

**Tomato linguine: £4.76 | £5.95** v  
with garlic bread

**Half jacket potato: £4.76 | £5.95** v/gf  
cheese and beans  
tuna mayonnaise

**MINI MAINS: £4.76 | £5.95**

Breaded chicken breast fillets

Three cod fish fingers

Two pork sausages

Beef burger, bun, lettuce, tomato

Battered cod

choose: chips | mash | sweet potato | fries | new potatoes  
choose: baked beans | peas

**KIDS'  
KITCHEN**

## LIGHT BITES

**Breakfast bap: £2.60 | £3.00**  
one egg | one pork sausage | two rashers of bacon

v/gf **On toast: £2.60 | £3.00**  
choose: white | malted wheat | sour dough | gluten free  
baked beans | egg

**Sandwich £3.60 | £4.50**  
One slice of bread, choice of filling, cucumber sticks, crisps  
choose: white | malted wheat | gluten free  
ham | Cheddar cheese | tuna mayonnaise | egg mayonnaise

**Panini: £3.40 | £4.25**  
Half panini, choice of filling, cucumber sticks, crisps  
roast chicken, pesto, mozzarella  
bacon, brie, red onion jam  
gammon ham, Cheddar cheese  
v sun-dried tomato, pesto, mozzarella

## DRINKS | DESSERTS

Ice cream tub: £2.55

Milkshake: £3.30

Smoothie: £3.85

Prices: Member Price | Standard Price